

ANN J EXAMPLE

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## PROFESSIONAL PROFILE

*A highly qualified and experienced Child/Family Therapist who specialises in building positive relationships with adults and young people from diverse social and cultural backgrounds. Utilises strong skills in communication to establish individual needs and to prepare and deliver appropriate treatment and therapy plans accordingly. A valuable member of a successful and productive team who encourages collaborative working and inspires trust and confidence in clients and colleagues alike.*

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## OBJECTIVE

*Currently looking for a new and challenging position as a Child/Family Treatment Therapist, one which will make best use of existing skills and experience whilst enabling further personal and professional development.*

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## EDUCATION AND QUALIFICATIONS

### Honours Certification

Psi Chi, National Honours Society for Psychology

### Bachelor of Science

Psychology (Minor History) – 3.78 GPA (2006), University of Utah (One year overseas study at University of Essex, UK)

### Associate of Science

Psychology – 3.8 GPA (2004), Salt Lake Community College

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## CAREER SUMMARY

1997–date

### The Children's Centre

#### Residential Treatment Therapist/Specialist

- Playing a pivotal role in the operational management of the residential unit specialising in the treatment of severely abused and neglected children
- Preparing, implementing and evaluating individual treatment plans and facilitating individual and group therapy sessions
- Providing a structured and professional working environment to enable the successful treatment and therapy of children
- Fully accountable for the psychological wellbeing of the children and contributing directly to high success rates when dealing with particularly extreme cases
- Actively involved in the assessment of potential family placements and making informed decisions accordingly
- Identifying and meeting the individual training requirements of other members of staff to ensure that they deliver high standards of care and treatment at all times

#### Child Group Therapist

- Playing a lead role in the delivery of child group sessions for the psychological treatment of children aged between two and seven years
- Additionally responsible for facilitating family group sessions focusing on the mental health of families and their children with diagnosed behavioural and mental health disorders

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## **CAREER SUMMARY cont.**

### **2004–date                      Recreational Equipment Incorporated Sales Specialist**

- Demonstrating an excellent working knowledge of the wide range of outdoor recreational products and equipment available to customers
- Delivering high standards of service including advising on product selection and dealing with enquiries

### **1996–1998                      Media Play Head Cashier/Auditor**

- Ensuring accuracy and attention to detail when managing currency inventory and deposits within the music and media retail outlet

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## **VOLUNTARY WORK**

<b>2004–2006 2006</b>	Chair – Psychology Department, Student Advisory Committee, University Of Utah Social Worker – Group & Individual Therapy (Alzheimer's Treatment Clinic), Garden Terrace
<b>2004–2007</b>	Research Assistant (Normal/Abnormal Emotional Development of Infants), Dr Alan Fogel's Infant Lab
<b>2006</b>	Outreach Coordinator/Vice President), Golden Key International Honours Society
<b>2005–2006</b>	Teaching Assistant – Cognitive Neuropsychology/Mind & Nature, Dr Thomas Malloy, University Of Utah
<b>2005</b>	Research Assistant (Adolescents with Diabetes & their Relationships with their Mothers), Dr Deborah Weibe
<b>2004</b>	Therapist (Children with Asperger's Syndrome), Neuropsychiatric Institute, University Of Utah

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## **FURTHER SKILLS**

<b>IT Proficiency</b>	Word, Excel, SPSS, Internet and Email
<b>Languages</b>	Basic Spanish

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## **PERSONAL DETAILS**

<b>Driving Licence</b>	Full/Clean
<b>Heath</b>	Excellent; non-smoker
<b>Other Details</b>	Qualified First Aider CPR Certified

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## **INTERESTS AND ACTIVITIES**

<b>Include</b>	Outdoor Recreation, Cycling, Pilates, Theatre & Voluntary Work
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## **REFERENCES ARE AVAILABLE ON REQUEST**